

BASIC LIFE SUPPORT

The 1 day course aims to provide the candidates with theory and practical knowledge on basic life support at awareness level, this course covers the basic life practical element of the care certificate.

TRAINING BENEFITS

This course is suitable for those undertaking the care certificate who are required to attend basic life support training and complete a practical CPR assessment. It is suitable for all employees working in health and care settings. On completion candidates will receive a certificate of attendance valid for a period of 1 year.

WHAT'S COVERED?

- Understand how to manage incidents, complete initial primary and secondary examination of a casualty.
- Understand and demonstrate how to administer Basic Life Support – CPR.
- Gain a knowledge of how to control bleeding and assist casualty who may be: choking, unconsciousness, have a head injury or are in shock.
- Recognise the difference between a strain and sprain and the appropriate treatment for these.
- Understand what is required in a first aid kit.

ASSESSMENT PRACTICE

Candidates will complete on going assessment throughout the session in the form of quizzes, discussions and groups work.

END POINT ASSESSMENT

N/A



GET IN TOUCH

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