

HEALTH AND SAFETY AWARENESS

This 1 day course provides learners with the knowledge they need to go on to achieve an awareness of health and safety in the workplace.

TRAINING BENEFITS

On completion of the training, learners will achieve a basic knowledge of topics such as fire safety, moving and handling and risk assessments.

WHAT'S COVERED?

- Causes of accidents and ill health
- Employee's and employer's responsibilities
- Risk Assessments
- Reporting injuries, diseases & dangerous occurrences
- Provision & use of workplace equipment
- Personal protective equipment
- Introduction to moving and handling
- Control of substances hazardous to health (COSHH)
- Workplace (health, safety & welfare) regulations
- Fire safety

ASSESSMENT PRACTICE

Candidates will complete quizzes, discussions and questions throughout.



GET IN TOUCH

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